

# North Hesse

**North Hesse** (German: *Nordhessen*) describes the northern part and historical heart of the German federal state of Hesse. The region is – unlike the name Lower Hesse – not a historical territory and also has no established, standard and official administrative function. However, the name is common and widely used today, not least to contrast it with its counterpart, South Hesse. Over one million people live in North Hesse and its largest city is the former capital of the Electorate of Hesse, Kassel.

## References

## External links

- [www.nordhessen.de](http://www.nordhessen.de) (<http://www.nordhessen.de/>) – Tourist portal of the region
- [www.regionnordhessen.de](http://www.regionnordhessen.de) (<http://www.regionnordhessen.de/>) – Economic portal of the region
- [www.die-lage-ist-gut.de](http://www.die-lage-ist-gut.de) (<http://www.die-lage-ist-gut.de/>) – The location portal of the region, focussed on employment and life
- [Regional plan for North Hesse](https://web.archive.org/web/20150106081355/http://www.landesplanung-hessen.de/regionalplaene/regionalplan-nordhessen/textteil-zum-download/) (<https://web.archive.org/web/20150106081355/http://www.landesplanung-hessen.de/regionalplaene/regionalplan-nordhessen/textteil-zum-download/>) from the Hessian state planning portal



North Hesse and its counties in the administrative boundaries of Kassel province



The legendary castle of Sababurg in the Reinhardswald

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